



THE EMBODIED WAY

SPRING SEASON IN-PERSON SPECIALS

CONNECTED FEET

Pedicure sale for the Spring Season March 20-June 20

A pedicure with me is a full spa treatment for your feet and lower legs. First, a beautiful herbal salt foot soak, followed by a shea butter and sugar scrub. Then, we trim and shape the nails, then care for the cuticles, the footbed and any calluses. Enjoy a hot towel wrap, nail oil & foot treatment cream, a hot stone massage, and then finish with a long-lasting, quick dry, perfect polish application (non-gel) for \$75 plus GST or \$65 plus GST no polish

CONFIDENT FEET

Any nail care oil, Gehwol cream or Lulu Life Shea Butter purchases are 15% off. Your feet are going to look fantastic, feel amazing, and smell wonderful!

CHERISHED FEET WITH FRIENDS

Step into spring activities with foot love for every person. Refer your friend, colleague or loved one to The Embodied Way for the ultimate service in foot appreciation (at the special price). You will get a bonus take-home sweet gift and they will get one too.

