



THE EMBODIED WAY

FALL SEASON IN-PERSON SPECIALS

FALL NOURISHMENT

The Total Hand Care Treatment

After a summer of the outdoors and all related activities, your hands will want some loving attention. Enjoy the best manicure treatment you've ever had and have the confidence that comes from well-groomed, cared-for hands.

Beautifully shaped nails, soft, hangnail-free cuticles, smooth, exfoliated skin, a collagen treatment and relaxing massage...all while enjoying the delicious comfort of sitting or lying down while listening to soft, relaxing music. Includes a polish application and a complimentary scalp massage.

This experience is \$75 plus GST (a \$90 value). \$65 plus GST with No Polish.

HAND CARE PACK

Keep your hand-care results going at home with a few of my favourite products. A mango cuticle oil and a Laboratoire Dr. Renaud Douceur Extreme Treatment Hand Cream or Lulu Life Shea Butter. Purchase the hand cream or Shea Butter and receive the mango oil for free (A \$10 value).

